

Mamta Gautam, MD, MBA, FRCPC, CCPE, CPE

Dr. Gautam is an internationally renowned psychiatrist, consultant, certified coach, author, and speaker. Focused on physician health and well-being since 1990, she is a trailblazer in this field and is known as the “Doctor’s Doctor.” She holds leadership roles in several national medical organizations to advise on issue of physician well-being. In the past two decades, she has expanded her work to include physician leadership development to better address system-level factors that impact the well-being of healthcare workers. She has created podcasts and videos on these topics, and authored articles, book chapters, and two international best-selling books. She brings this knowledge and expertise to PEAK MD, through which she delivers keynote presentations and workshops, consults to healthcare organizations, and coaches senior medical leaders internationally.

Dr. Gautam is the recipient of numerous prestigious awards for her innovative work to support and mentor her healthcare colleagues and has been awarded Distinguished Fellowships in both the Canadian and American Psychiatric Associations.