## **Urological Health**



# **Genitourinary cancers:** Bladder • Kidney • Prostate • Testicular

eceiving a diagnosis of cancer is intimidating and overwhelming to many patients and their families. Patient advocacy groups are an important resource for helping patients and their families deal with their diagnosis and assist them in making educated decisions. These organizations often involve patients and their family members who have personal experience with specific cancers and are able to provide support, information and personal experiences. Many patients and families find this type of support to be an invaluable resource. Many of these groups also have the support of numerous medical experts and professionals in the respective area that serve as guides to help ensure patients are receiving appropriate medical information. Given the abundance of information that is so easily available this is another of the major benefits of these groups. The Canadian Urological Association is proud to be associated with the following patient advocacy groups that provide invaluable information and support to patients and their families with bladder, kidney, prostate, or testes cancer.

## **Bladder Cancer**



### You have been diagnosed with Bladder Cancer, What does that mean? What happens next?

Bladder Cancer Canada (BCC) is an organization comprised of bladder cancer patients, survivors and caregivers. They provide emotional support and educational facts from a patient's perspective **because they've been there.** From treatment options to explanations of what may be ahead, they will ensure that you won't face it alone. Their phone and online volunteers offer support, encouragement, compassion and understanding when you need it most. Their medical advisory board is composed of urologists, oncologists and nurses that ensure the medical information available is the most up to date and relevant data for patients and their families. This information is available online through the web site and through their volunteers. BCC also is actively involved in promoting awareness of bladder cancer and guiding further research into this disease.

#### **Contact information:**

Phone: 1-866-674-8889 info@bladdercancercanada.org www.bladdercancercanada.org

## **Kidney Cancer**



Kidney Cancer Canada (KCC) is a patient-led support organization established in 2006 to improve the quality of life for patients and their families living with kidney cancer. The organization helps patients, caregivers and family members navigate through the information they need to know about kidney cancer and its treatment.

KCC organizes patient information meetings across the country that can be attended free of charge or can be joined by live webcast. Resources include an on-line discussion forum where patients and their families can network and learn from others affected by kidney cancer. Trained KCC peer support volunteers can offer understanding and practical help to patients who are newly diagnosed or dealing with side effects from treatment.

KCC has been extremely active in research into kidney cancer and has supported scholarships, research projects and helped to support the Kidney Cancer Research Network of Canada (KCRNC) in collaboration with the Canadian Institutes for Health Research (CIHR) and the Kidney Foundation of Canada.

> Contact information: Phone: 1-866-598-7166 info@kidneycancercanada.ca www.kidneycancercanada.ca www.cancerdurein.ca

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## **Prostate Cancer**



Prostate Cancer Canada is the only national foundation dedicated to the elimination of the disease through research, education support and awareness. The organization's goals are twofold – to support research to uncover better diagnostic and treatment options and to provide comprehensive support services for those living with prostate cancer.

Prostate Cancer Canada is pleased to provide an array of resources for men, and their families, facing this disease;

#### Prostate Cancer Information Service:

Just found out you have prostate cancer? Looking for information? Wondering what programs and resources are available to you? Help is here. Call **1-855-PCC-INFO**, or email **support@prostatecancer.ca** 

#### • Expert Angle Webinars:

Expert Angle is designed to expand our reach and address the many varied and complex questions that come with a prostate cancer diagnosis. These webinars address topics along different points of the cancer care continuum and those within their circle of care as well as the general public and representatives from the clinical community. Learn more at **prostatecancer.ca/ExpertAngle** 

#### • ABC brochures:

These print resources will take you through the basics of prostate cancer; diagnosis, treatment and recovery. Contact us to order yours today, call **1-888-255-0333**.

Contact information: prostatecancer.ca

## **Testicular Cancer**



Testicular Cancer Canada is a not for profit organization of passionate survivors, family members, healthcare partners, and citizens all committed to raising awareness about testicular cancer. It began in 2007 and established a community for those affected by a diagnosis of testicular cancer whose collective experiences and knowledge can offer support to those who may need it. Current activities include online discussion forums through the Testicular Cancer Canada blog and patient information meetings.

Young men are most commonly diagnosed with testicular cancer and represent a unique group with distinctive challenges. Depending on a number of factors, treatment can range from surveillance (keeping a close watch for any signs of cancer recurrence) to major therapies such as chemotherapy, radiation, or more surgery. The toxicities from these more aggressive treatments, while still offering cure, can be very detrimental to a young man's quality of life. Often, gaps exist in awareness, knowledge, and supportive care for newly diagnosed patients and long term survivors of testicular cancer.

The goal of Testicular Cancer Canada is to fill some of these gaps by promoting testicular cancer awareness, linking patients to communities of survivors and family members, providing accurate and useful information, and encouraging biomedical research to help move us closer to a cure.

#### Contact information:

Testicular Cancer Canada 45058-310 Fairway Rd. S. Kitchener, ON N2C 1X0 519-894-0134 hello@testicularcancercanada.ca testicularcancercanada.ca

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